

Evidence-Based Investment Insights:

Three Essential Ideas for Building Wise Wealth



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INTRODUCTION

Are you ready to become a better investor? Would you like to enhance your understanding of the most important principles that drive the creation of wealth, without it hurting a bit? In this approachable report, we'll introduce you to three essentials on how to invest with greater confidence, with evidence instead of emotion guiding your way.

You see, being a better, evidence-based investor does not mean you must have an advanced degree in financial economics, or that you have to be smarter, faster or luckier than the rest of the market. It means three things:

1. **Knowing and heeding the evidence** from those who *do* have advanced degrees in financial economics
2. **Structuring your portfolio** so that you're playing *with* rather than *against* the market and its expected returns
3. **Understanding the "human factor," i.e., your own behaviors**, ingrained through eons of evolution and tricking you into making the worst financial decisions at all the wrong times

Are you ready to apply the science of investing into your own durable portfolio? Read on.

PART I: KNOWING AND HEEDING THE EVIDENCE

You, the Market and the Prices You Pay

How do you achieve every investor's dream of buying low and selling high in a crowd of resourceful and competitive players? The answer is to play with rather than against the crowd, by understanding how market pricing occurs, according to these insights:

- Group intelligence drives efficient pricing
- It's not whether breaking news is good or bad, it's whether it's expected or unexpected
- By the time you hear the news, the market already knows it
- Financial "gurus" are no better than you at consistently predicting the markets

The Power of Group Intelligence in Price-Setting

Before the academic evidence showed us otherwise, it was commonly assumed that the best way to make money in what seemed like ungoverned markets was by outwitting others at forecasting future prices and trading accordingly in domestic and international stocks, bonds, commodities, real estate and more – or by hiring high-priced market analysts to do this for you.

Unfortunately for those who are still trying to operate by this outdated strategy, academia has revealed that the market is not so ungoverned after all. Yes, it's chaotic, messy and unpredictable when viewed up close. But it's also subject to **group intelligence**, whereby groups of independent players (such as free market participants) are better at consistently arriving at accurate factual answers than even the smartest individuals in that same group.

Applying group wisdom to the market's multitude of daily trades means that each individual trade may be spot on or wildly off from a "fair" price, but the aggregate average incorporates all known information contributed by the intelligent, the ignorant, the lucky and the lackluster.

Instead of believing that you can regularly outguess the market's collective wisdom, you are better off concluding that the market is doing a better job than you can at forecasting prices.

Markets Integrate the Combined Knowledge of All Participants

The market effectively enables competition amongst many market participants who voluntarily agree to transact.

This trading aggregates a vast amount of dispersed information and drives it into security prices.

World Equity Trading in 2014

	Number of Trades	Dollar Volume
Daily Average	60 million	\$302 billion

In US dollars.

Source: World Federation of Exchanges. Global electronic order book figures gathered from the 59 WFE member exchanges.

The Effect of Breaking News on Market Pricing

The next step is to understand how prices are set moving forward. What causes market prices to change? It begins with the never-ending stream of world news. Here, it's critical to be aware of the evidence that tells us the most important thing of all:

You cannot expect to consistently improve your outcomes by reacting to breaking news.

How the market adjusts its pricing is why there's not much you can do after the news is released. First, it's not the news itself; it's whether we saw it coming. In other words, it's not just news, but **unexpected news** that alters future pricing. By definition, the unexpected is impossible to predict, as is how dramatically (or not) the market's group intelligence will respond to it.

The Barn Door Principle

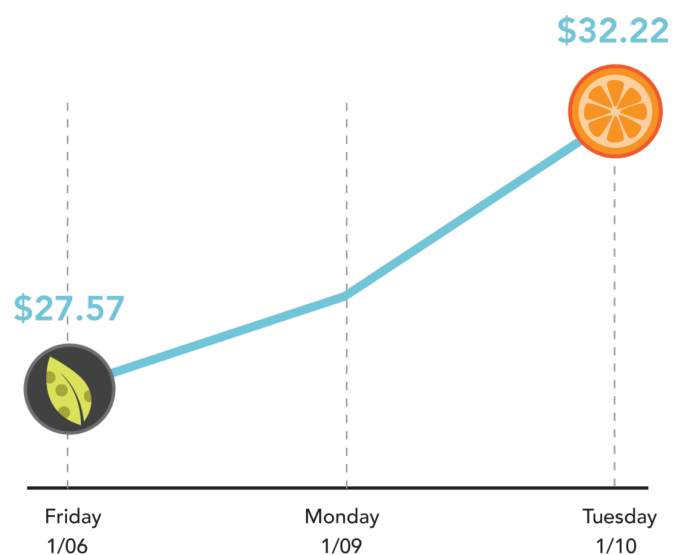
Another reason breaking news is relatively irrelevant to your investing is what we'll call "The Barn Door Principle." *By the time you hear the news, the market already has incorporated it into existing prices.* The proverbial horses have already galloped past your open trading door. This is especially so in today's electronic world, where price adjustments typically occur within the first few post-announcement trades.

Markets React to Events

"Orange juice futures surge to record on fungicide fears."

—Reuters, January 10, 2012

Prices adjust when unexpected events alter the market's view of the future.



Source: Dow Jones-UBS Orange Juice Subindex. Dow Jones data provided by Dow Jones Indexes.

Unless you manage to be among the very first to respond to breaking news (competing, mind you, against automated traders who often respond in fractions of milliseconds), you're setting yourself up to buy higher or sell lower than those who already have set new prices based on the news – exactly the opposite of your goal.

Financial Gurus and Other Unicorns

As touched on above, you're also ill-advised to seek a market-forecasting, financial guru to pinch hit for you. As [Morningstar strategist Samuel Lee](#) has described, managers who have persistently outperformed their benchmarks are "rarer than rare."

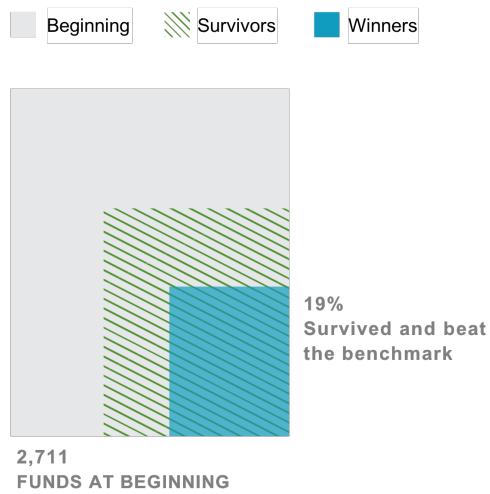
But maybe you know of an extraordinary stock broker or fund manager or TV personality who strikes you as being among the elite few who can make the leap. Should you turn to them for the latest market tips, instead of settling for "average" returns?

Bottom line, if such outperforming experts did exist in reliable numbers, we should expect to see credible evidence of it. Not only is such data lacking, the body of evidence to the contrary is overwhelming. Star performers – "active managers" – often fail to survive, let alone persistently beat comparable market returns. Across the decades and around the world, a multitude of academic studies have scrutinized active manager performance and consistently found it lacking, as did Dimensional Fund Advisors in a 2013 analysis.

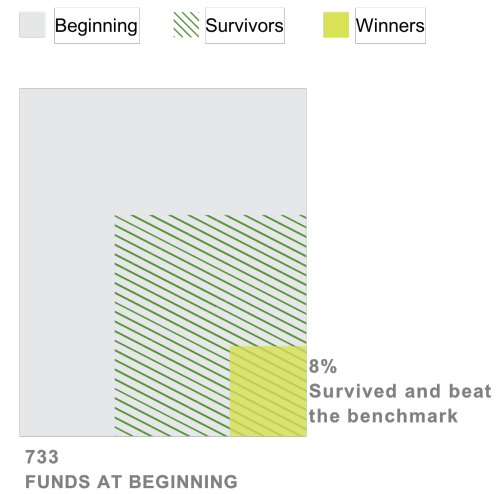
Outsmarting Other Investors Is Tough

Few mutual funds survive and beat their benchmarks
15-year performance period ending December 31, 2014

EQUITY FUNDS



FIXED INCOME FUNDS



Past performance is no guarantee of future results.
In US dollars. US-domiciled mutual fund data is from the CRSP Survivor-Bias-Free US Mutual Fund Database, provided by the Center for Research in Security Prices, University of Chicago. Beginning sample includes funds as of the beginning of the 15-year period ending in 2014. The number of funds as of the beginning is indicated below the exhibit. Survivors are funds that are still in existence as of December 31, 2014. Winners are funds that survive and beat their respective benchmarks over the period. Funds are identified using Lipper fund classification codes and are matched to their respective benchmarks at the beginning of the sample period. Loser funds are funds that did not survive the period or whose cumulative return did not exceed their respective benchmark.

PART II: STRUCTURING YOUR PORTFOLIO

So far, we've assessed some of the hurdles to effectively participating in efficient capital markets. We believe the best way to overcome these hurdles is to sidestep them entirely in your investing. By managing the market factors you can expect to control and avoiding the temptation to react to those you cannot, you can build and sustain an evidence-based portfolio that allows the market do what it does best on your behalf: *build long-term capital wealth*.

The Business of Investing

With all the excitement over stocks and bonds and their ups and downs in headline news, there is a key concept often overlooked. *Market returns are compensation for providing the financial capital that feeds the human enterprise going on all around us, all the time.*

Financial Capital Plays a Vital Role in Wealth Creation

Using financial capital and other resources, a business produces goods or services that can be sold for a profit.

As providers of financial capital, investors expect a return on their money.



When you buy a stock or a bond, your capital is ultimately put to hard work by businesses or agencies who expect to succeed. You would think that, when a company or agency does succeed, your investment would too. But actually, such success is only one factor at best, among many others that influence your expected returns.

At first, this seems counterintuitive. It means, for example, that even if business is booming, you cannot necessarily expect to reap the rewards simply by buying its stock. Remember, by the time good or bad news is apparent, it's already reflected in higher-priced share prices, with less room for future growth.

Market Risks and Diversification's Rewards

So what *does* drive expected returns? There are a number of factors involved, but decades of academic inquiry inform us that among the most powerful ones spring from accepting unavoidable market risks. As an investor, you can expect to be rewarded for accepting the market risks that remain after you have eliminated the avoidable ones. Let's explain.

Avoidable Concentrated Risks – Even in a bull market, one company can experience an industrial accident, causing its stock to plummet. A municipality can default on a bond even when the wider economy is thriving. A natural disaster can strike an industry or region while the rest of the world thrives. These are concentrated market risks that can be avoided by not piling all of your financial eggs into too few holdings.

Unavoidable Market Risks – If concentrated risks are like bolts of lightning, market risks are encompassing downpours in which everyone gets wet. For example, invest in the market at all and, presto, you're exposed to more market risk than if you had sat in cash (where it may lose value due to inflation, but that's a different risk, for a different report).

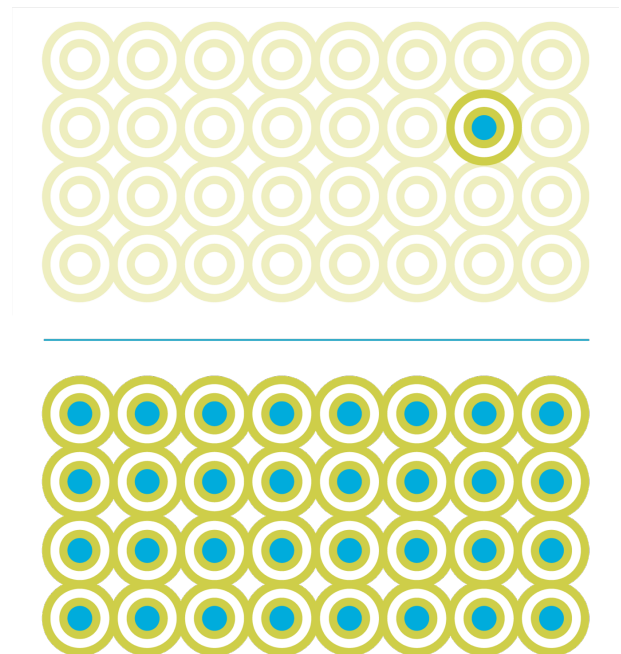
In the science of investing, we dampen avoidable, concentrated risks with **diversification**. By spreading your holdings widely and globally, if some of them are affected by a concentrated risk, you can offset the damage done with plenty of other unaffected holdings.

Every investor also faces market risks that cannot be “diversified away.” Those who stay invested when market risks are on the rise can expect to eventually be compensated for their steely resolve with higher returns. But they also face higher odds that results may deviate from expectations, especially in the near-term. Diversification again steps in, acting as a “dial” for reflecting the right volume of market-risk exposure you’re seeking for your individual goals.

Diversification Reduces Risks That Have No Expected Return

Concentrating in one stock exposes you to unnecessary risks.

Diversification reduces the impact of any one company’s performance on your wealth.



The Essence of Evidence-Based Investing

With any risky venture, including the ones that abound in capital markets, there are no guarantees that you’ll earn hoped-for returns, or even recover your stake. This is why we so strongly favor [evidence-based investing](#) as a rational approach

for staying on course toward your financial goals, especially when your emotional reactions threaten to take over the wheel.

Evidence-based investing represents the marriage between a “Who’s Who” body of scholars who have been studying financial markets since [at least the 1950s](#), and the financial professionals who heed their findings and are tasked with an equally important charge of determining: *[Even if a relatively reliable return premium exists in theory, can we capture it in the real world – after the implementation and trading costs involved?](#)*

Assessing the Evidence (So Far)

In academia, rigorous research calls for more than an arbitrary sampling or a few in-house spreadsheets designed to “prove” a convenient conclusion. Academic research demands a considerably higher standard, including a disinterested, objective outlook (no foregone conclusions); robust data analysis; repeatability and reproducibility; and formal peer reviews.

So far, this level of research has yielded five expected return premiums for patient investors:

1. [Equity](#) – Stocks (equities) have returned more than bonds (fixed income).
2. [Small-cap](#) – Small-company stocks have returned more than large-company stocks.
3. [Value](#) – Value companies (with lower ratios between their stock price and various business metrics such as company earnings, sales and/or cash flow) have returned more than growth companies (with higher such ratios). These are stocks that, based on the empirical evidence, appear to be either undervalued or more fairly valued by the market, compared with their growth stock counterparts.
4. [Term](#) – Bonds with distant maturities or due dates have returned more than bonds that come due quickly.
5. [Credit](#) – Bonds with lower credit ratings (such as “junk” bonds) have returned more than bonds with higher credit ratings (such as U.S. treasury bonds).

Dimensions Point to Differences in Expected Returns

Academic research has identified these dimensions, which are well documented in markets around the world and across different time periods.



Diversification does not eliminate the risk of market loss. 1. Relative price as measured by the price-to-book ratio; value stocks are those with lower price-to-book ratios. 2. Profitability is a measure of current profitability, based on information from individual companies' income statements.

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Scholars and practitioners alike strive to determine not only *that* various return factors exist, but *why* they exist. This helps us determine whether a factor is likely to persist (so we can build it into long-term portfolios) or is more likely to disappear upon discovery. Explanations for why persistent factors linger usually fall into two broad categories: **risk-related** and **behavioral**.

Risk Returns Factors – It appears that persistent premium returns are often explained by accepting market risk (the kind that cannot be diversified away) in your portfolio. For example, it's presumed that value stocks are riskier than growth stocks, which at least in part explains the higher expected returns they have exhibited to date.

Behavioral Return Factors – There may also be behavioral foibles at play. That is, our basic-survival instincts often play against otherwise well-reasoned financial decisions. As such, the market may favor those who are better at overcoming their impulsive reactions to breaking news.

What Has Evidence-Based Investing Done for Me Lately?

Beyond the five key market factors described above (equity, value, small-cap, term and credit), continued inquiry has found additional factors at play, with additional potential premiums (which also seem to result from accepting added market risk, avoiding ill-advised investor behaviors or both). In academic circles, the most prominent among these are **profitability** and **momentum**:

- **Profitability** – Highly profitable companies have delivered premium returns over low-profitability companies.
- **Momentum** – Stocks that have done well or poorly in the recent past tend to continue to do the same for longer than random chance seems to explain.

But before we get ahead of ourselves, let's discuss a few caveats.

Wet Paint Warning – While these “new” factors may or may not have existed for some time, our ability to isolate them is more recent. As the ink still dries on the research papers, we are still assessing their staying power.

Cost versus Reward – Just because an expected premium exists in theory, doesn't mean it can be implemented in real life. We must be able to capture it after the costs involved.

Dueling Factors – Sometimes, it can be difficult to build one factor into a portfolio without sacrificing another. Benefits and tradeoffs must be carefully considered at the fund level as well as for your individual goals.

As a result, opinions vary on when, how or even if profitability, momentum and other newer factors should play a role in current portfolio construction. We would be happy to speak with you individually about our evolving approach.

Investment Reality: Choose Your Allies Carefully

In fact, this is one area where we believe an evidence-based advisor relationship can be critical to your wealth and well-being. How do you determine what to heed and who to ignore as the financial community continues to debate various theories and pave the way for future improvements? Even when a new academic insight is rock solid, hyperactive reaction to it can strip away the practical advantages of an enlightened investment approach.

Our aim as a professional advisor is to extract the diamonds of promising new evidence-based insights from the considerably larger piles of misleading misinformation. We feel you are best served by heeding those who take a similar approach with their advice.

PART III: THE HUMAN FACTOR – YOU AND YOUR BEHAVIORS

We turn now to the final and possibly the most significant factor in your evidence-based investment strategy: **the human factor**. In short, your own impulsive reactions to market events can easily trump any other market challenges you face.

Despite everything we know about efficient capital markets and all the solid evidence available to guide our rational decisions ... we're still human. We've got things going on in our heads that have nothing to do with solid evidence and rational decisions – a brew of chemically generated, “survival of the fittest” instincts and emotions that spur us to leap before we have time to look.

To study the relationships between our heads and our financial health, there is another field of evidence-based inquiry known as **behavioral finance**. *Wall Street Journal* columnist Jason Zweig's “Your Money and Your Brain” provides a good guided tour of the findings, describing both the behaviors themselves as well as what is happening inside our heads to generate them. To name a couple of the most obvious examples:

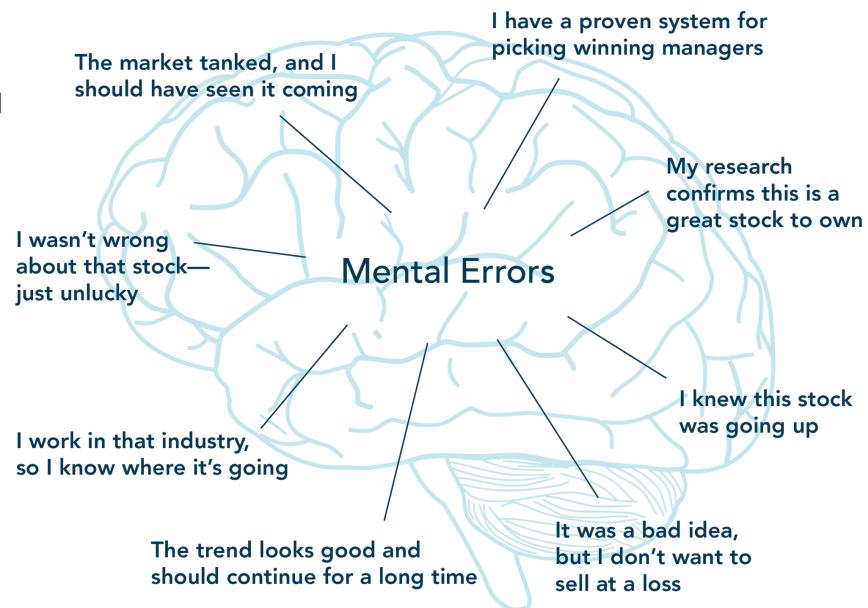
When markets tumble – Your brain's amygdala floods your bloodstream with corticosterone. Fear clutches at your stomach and every instinct points the needle to “Sell!”

When markets unexpectedly soar – Your brain's reflexive nucleus accumbens fires up within the nether regions of your frontal lobe. Greed grabs you by the collar, convincing you that you had best act soon if you want to seize the day. “Buy!”

Beyond such market-timing instincts that lead you astray, your brain cooks up plenty of other insidious biases to overly influence your investment activities.

Humans Are Not Wired for Disciplined Investing

When people follow their natural instincts, they tend to apply faulty reasoning to investing.



Rapid reflexes often serve us well in everyday living. But in finance, where the coolest heads prevail, many of our base instincts cause more harm than good. If you don't know that they're happening or don't manage them when they do, your brain can trick you into believing you're making entirely rational decisions when you are in fact being overpowered by instinct-driven, chemical reactions. This is another reason why we suggest working with an objective advisor, to help you see and avoid collisions with yourself that your own myopic vision might miss.

CONCLUSION

We hope you've enjoyed reading our report on evidence-based investing as much as we've enjoyed sharing it with you. When we introduced our three essential ideas for building wise wealth, we sought to replace most of the technical jargon, with three key insights for becoming a more confident investor:

1. **Understand the Evidence.** You don't have to have an advanced degree in financial economics to invest wisely. You need only know and heed the insights available from those who *do* have advanced degrees in financial economics.
2. **Embracing Market Efficiencies.** You don't have to be smarter, faster or luckier than the rest of the market. You need only structure your portfolio to play *with* rather than *against* the market and its expected returns.
3. **Managing Your Behavioral Miscues.** You don't have to – and won't be able to – eliminate every high and low emotion you experience as an investor. You need only be aware of how often your instincts will tempt you off-course, and manage your actions accordingly. (Hint: A professional advisor can add huge value here.)

How have we done in our goal to inform you, without overwhelming you? If we've succeeded in bringing our evidence-based investment ideas home for you, we would love to have the opportunity to continue the conversation with you in person. Give us a call today.

DISCLOSURES

1. This publication may include forward-looking statements. All statements other than statements of historical fact are forward-looking statements (including words such as “believe,” “estimate,” “anticipate,” “may,” “will,” “should” and “expect”). Although we believe that the expectations reflected in such forward-looking statements are reasonable, we can give no assurance that such expectations will prove to be correct. Various factors could cause actual results or performance to differ materially from those discussed in such forward-looking statements.

2. Past performance is not indicative of any specific investment or future results. Views regarding the economy, securities markets or other specialized areas, like all predictors of future events, cannot be guaranteed to be accurate and may result in economic loss to the investor.

3. Any information provided by adviser regarding historical market performance is for illustrative and education purposes only. Clients or prospective clients should not assume that their performance will equal or exceed historical market results and/or averages.

4. The material listed in this publication is current as of the date noted, and is for informational purposes only, and does not contend to address the financial objectives, situation or specific needs of any individual investor. Any information is for illustrative purposes only, and is not intended to serve as investment advice, since the availability and effectiveness of any strategy is dependent upon your individual facts and circumstances. Results will vary, and no suggestion is made about how any specific solution or strategy performed in reality.

5. Advisor does not make any representations or warranties as to the accuracy, timeliness, suitability, completeness or relevance of any information prepared by any unaffiliated third party and incorporated herein, and takes no responsibility therefor. All such information is provided solely for convenience purposes only and all users thereof should be guided accordingly.

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12. “Insurance Products and related services are provided as part of a comprehensive financial plan through Financial Wealth Builders Inc.”

SECOND OPINION SERVICE

When the markets and economies turn volatile and confusing as they have over the past year, even the most patient investors may question the wisdom of the financial path that they've been following. Over the past 20 years, we've reviewed hundreds of investment portfolios and financial plans. We've seen a number of difficult markets come and go. And we can certainly empathize with the people who find that current environment troublesome and disturbing. We'd like to help, if we can, and to that end, here's what we offer.

A no obligation second opinion

Just as it's wise to get a second opinion on your medical health, it's only prudent to get a second opinion on your financial health. Things change. Life moves on. And the financial plan that was right for you five or ten years ago may not suit your needs today. Are your current investments still right for you? Find out with our complimentary, confidential Second Opinion Service.

Our Second Opinion Service will help you clearly see the BIG picture:

- Understand how your money is really invested
- Know your portfolio's risk
- Identify hidden fees
- Learn how to safely maximize your retirement cash flow
- Learn how to reduce taxes (in concert with your tax professional)
- Review your insurance, long term care, and risk management strategy
- Address your estate planning concerns (in concert with your lawyer)

How It Works: From the comfort of your home (via webinar or call) we'll seek to understand your financial goals – and what your investment portfolio and financial plan (if you have one) is intended to do for you. Then we'll review the portfolio for and with you.

If we think your strategies and investments continue to be well-suited to your goals – in spite of the current market turmoil – we'll gladly tell you so, and send you on your way. If, on the other hand, we think some of your investments no longer fit, we'll explain why, in plain English. And, if you like, we'll recommend some alternatives.

Next Step: Simply complete a request for info at www.fwbsecurities.com or call us at 1-866-735-5581 and ask for Paul Philip or Ennio Longo.

Note- Due to our low fee nature our service is best suited to investors with portfolios of \$250,000 or greater.

ABOUT FINANCIAL WEALTH BUILDERS SECURITIES

As independent wealth planners we keep our client list small, so we can focus on your specific situation and what's most important to you. We are committed to giving our clients access to world class investment ideas, guided by evidence based strategies usually reserved for the very large investor, at a reasonable cost. Our clients count on us for straight talk, common sense ideas, hard work, and complete transparency. We believe Canadians can do better and have more. It's our mission to help you get there.



Paul Philip

**Paul Philip, CFP, CLU, Investment
Advisor**

Today's traditional financial planning is sorely lacking. Financial institutions and the media are in business for themselves and it's up to the consumer to recognize this and take responsibility for their own future. For most, finance and economics is too complex and fast changing to manage effectively by themselves. I believe what most people really want is expert professional guidance that they can trust, someone who has their back....and at a fair price. I believe in openness, transparency and value for your hard earned money.

Paul lives in Toronto with his wife Susana and their 2 daughters, Julia and Jacqueline. He is active in his community and is a volunteer coach for underprivileged youth. He is an avid squash player, and loves to have a good time skiing and travelling with his family.

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Ennio Longo, BBA, CFP has been in the financial services industry since 2007. Since that time, Ennio has sought to continually find new and better ways to help his clients in their financial lives. Ennio holds the Certified Financial Planner (CFP) designation and has successfully completed the Canadian Securities course. Ennio specializes in providing holistic financial planning for his clients, raising the bar above the traditional approach employed in the majority of financial institutions. His greatest achievement is seeing the peace of mind his clients receive as he helps them build , protect and enjoy their wealth.

Ennio resides in Toronto with his wife Daniela and their three children Julian, Victoria and Samantha and his favourite past time is being a soccer coach to all three.

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